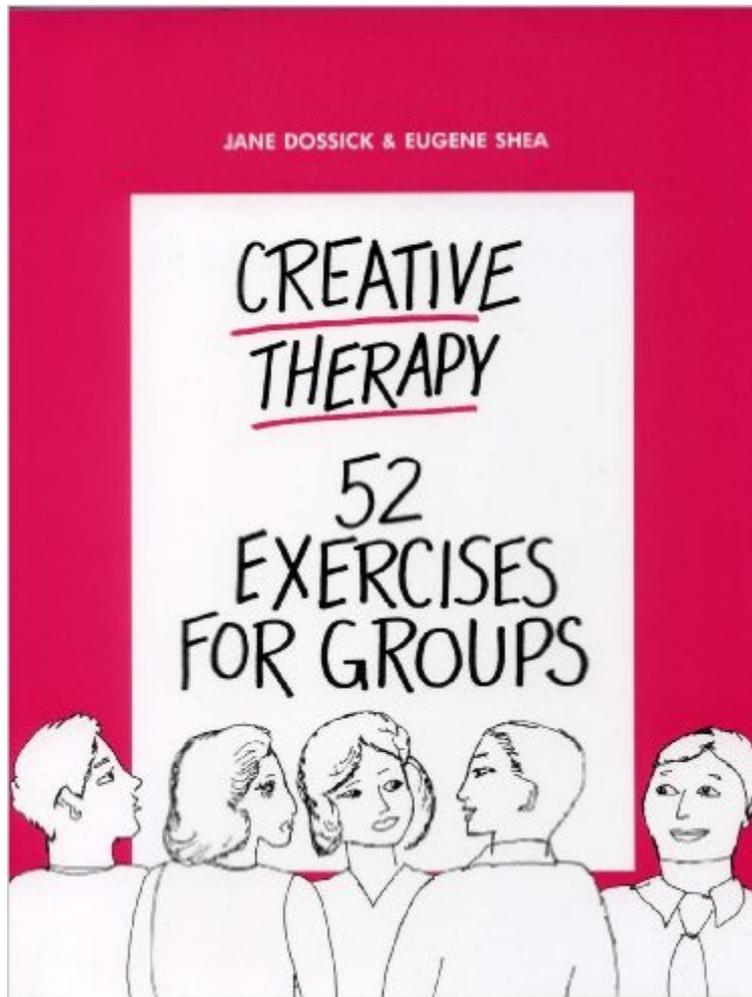


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# Creative Therapy: 52 Exercises For Groups



## Synopsis

Creative Therapy: 52 Exercises for Groups

## Book Information

Paperback: 124 pages

Publisher: Professional Resource Exchange; 1 edition (May 1, 1988)

Language: English

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Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 3.8 out of 5 stars [See all reviews](#) (28 customer reviews)

Best Sellers Rank: #132,223 in Books (See Top 100 in Books) #59 in [Books > Health, Fitness & Dieting > Psychology & Counseling > Psychiatry > Child](#) #2595 in [Books > Medical Books > Medicine > Internal Medicine](#) #3234 in [Books > Health, Fitness & Dieting > Mental Health](#)

## Customer Reviews

As a Social Worker leading two groups daily, this book has given me more time for my other duties. The book is geared towards all age levels, both adults and children, and can be adapted accordingly. There are pages which can be copied and used as written material for the clients, and some which can be used to reinforce the topic of group discussion. My co-workers come in and ask to borrow the book frequently and now have ordered the next editions. I strongly recommend this book to any professional who needs new creativity in leading groups.

I work with Mentally Ill adults. The book has been a lifesaver. The book has great ideas and the clients really like the exercise. I would recommend to anyone working with mentally ill adults as a creative activity

I am currently a graduate student in pursuit of my masters in social work. I'm doing a year long internship at an outpatient program with elderly doing two group sessions a week. Since this is my first time working with this population I was in need of an easy to read book that mapped out interventions step-by-step. I purchased this book based on the previous reviews and I am so happy that I did. I've done several activities and have gotten great feedback from both the patients and the LPC and LMSW I'm working under. I highly recommend this book!

This would be more appropriate for adolescents. I do not recommend for adults. The activities are simple and somewhat redundant.

My clients really responded to the activities in this book and it prompted many good discussions. Clients who were not previously engaged in group settings became interested in these activities. Well done!

I used lots of the ideas in this book however I tweaked it for myself. Instead of using the drawings, for instance in "Argument verses the Debate", I used my own little pictures from the internet. In this instance I passed around to my group members a pic of a chick and an egg. I started out asking, "Which came first the chicken or an egg?"

This book is very helpful for my profession and had given me good ideas when dealing with clients. Recommend for any therapist.

I've found this book helpful and am using it each week for group therapy. I would recommend this book. The patients have really enjoyed the activities.

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